

9:30

# Full Monty



On course signs

## Full Monty Details

Prepare yourself for the ultimate challenge! This event is not for the faint of heart. You'll conquer the Brown loop, the Blue lap, the connector trail, and the Green loop at Emma Carlin. By the end, you'll feel like you've climbed Mt Everest, minus the sherpas.

1	1 lap of the Brown	1.8
2	1 lap of the Blue	11.8
3	Connector Trail	11.2
4	1 lap of the Green	6.7
Total Mileage		31.5



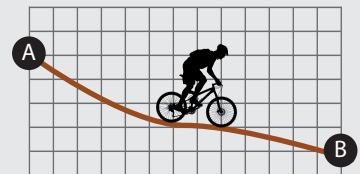
See next page

Connector Trail  
11.2 miles  
(round trip)



John Muir Trails

Brown Loop



Maximum Grade: 17%



Download Map

H

GREENING ROAD

La Grange

12

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